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GPSFIT

**21th January 2024**

# OVERVIEW

Introducing the GPSFIT Tracker App

Are you ready to take control of your health and fitness journey like never before? Look no further than our cutting-edge fitness tracker app, designed to elevate your well-being and empower you to reach your goals with ease.

Key Features:

* **Comprehensive Profile Management:** Effortlessly create and manage your user profile, ensuring that your fitness journey is personalized to your unique needs and preferences.
* **Exercise Log:** Keep track of your workouts and activities effortlessly. Whether it's a brisk walk, a heart-pumping run, or a relaxing yoga session, our app records it all for you.
* **Real-Time Nutritional Tracking:** Say goodbye to forgotten meals! Our app allows you to monitor your food intake in real time, ensuring you stay on track with your nutritional goals. Never wonder what you ate during that late-night snack again!
* **Health Metrics:** Stay informed about your health with in-depth metrics tracking. Monitor everything from your heart rate and calorie consumption to sleep patterns and stress levels.
* **Seamless Social Sharing:** Connect with friends and family on your fitness journey. Share your progress, achievements, and goals, and cheer each other on to greater heights.
* **GPS Position Tracking:** One of our standout features! Track your position in real-time during outdoor activities. Whether you're running, cycling, or hiking, you'll always know where you've been and how far you've gone.
* **Goal Setting and Achievement:** Set ambitious fitness and wellness goals, and watch as you achieve them with our app's support and tracking features.

Why Choose Our Fitness Tracker App?

Our app goes beyond the ordinary to provide you with a holistic fitness and health monitoring experience. We understand that the key to success is staying motivated and informed. That's why we offer real-time tracking of both your physical activities and nutritional choices. With us, you're never alone on your journey to better health

Join our community of fitness enthusiasts today and embark on a transformative fitness journey like no other. Download our app now and experience the future of health and wellness tracking at your fingertips.

Get ready to unlock your full potential with our fitness tracker app. Your best self is just a tap away!

# GOALS

1. By the end of the semester is a fully funcatilal web app with easy ux and ui design with the 3 mean goal that the teacher have set at the beginning of the class
2. Sed diam nonummy nibh euismod tincidunt ut laoreet dolore magna aliquam erat volutpat.

# MILESTONES

## Jan 22th, 2024 - Jan 29th, 2024(First draft of Project proposal)

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## Jan 29th, 2024 - Feb 5th, 2024 (make edits of Project proposal)

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## Feb 5th, 2024 - Feb 19th, 2024(Submit Project proposal and start making UX/UI make up)

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## Feb 19th, 2024 - Feb 26th, 2024(make edits of UX/UI make up)

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## Feb 26th, 2024 - Mar 4th, 2024(Submit UX/UI make up)

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## Jan 22th, 2024 - Jan 29th, 2024(brainstoraming stage)

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